



OLIVE
HOUSE

Realizing Afiyat Lifestyle



Glow Shine Gummies

BIOTIN & SAFRON



INTRODUCTION

GLOW & SHINE GUMMIES

are a premium gummy supplement formulated with Biotin, Saffron, and Vitamin E (Tocotrienols) to support maternal wellness and radiant beauty during pregnancy. These delicious pomegranate-flavored gummies combine science-backed ingredients with a 100% natural sweetener and dietary fiber, making them a tasty and convenient choice for expecting mothers.

BENEFITS FOR PREGNANT WOMEN

Beauty & Skin Health

Biotin (4,302 mcg per 2 gummies)

Strengthens hair, reduces postpartum hair loss, and promotes healthy nails.

Vitamin E (Tocotrienols)

Protects skin from oxidative stress, reduces stretch marks, and enhances glow.

Saffron Extract

Brightens complexion and may improve hormonal balance.

Hormonal & Emotional Support

Saffron's Mood-Boosting Effects)

Clinically shown to reduce PMS symptoms and mild depression (references: Kashani et al., 2018; Pirdadeh et al., 2015).

B Vitamins (B2, B3, B6, B12)

Support energy metabolism, reduce fatigue, and stabilize mood swings

Nutritional Boost

Natural Honey Sweetener

Provides gentle energy without artificial sugars.

Dietary Fiber

Aids digestion and prevents pregnancy-related constipation.

Safety & Convenience

100% Halal Gelatin

Ethically sourced and pregnancy-safe.

Easy-to-Take Gummies

No swallowing pills; gentle on sensitive stomachs.

BENEFITS FOR THE BABY (CONSUME BY MOTHER)

In Utero Development

B Vitamins (B6, B12, Folate analog)

Support neural tube formation and brain development.

Postpartum Health

Nutrient-Rich Breast Milk

B vitamins and antioxidants may enhance milk quality.

Antioxidants (Saffron, Vitamin E)

Protect fetal cells from free radical damage.